Winter 2027 Work@Health® Employer Training Program

The Work@Health training will provide employers with tools and resources to build or enhance a science-based workplace wellness program. The employer training program is delivered through a blended training of eight core modules. Six of the modules are completed online (self-paced) and two of the modules are delivered during the live (virtual) training session. The schedule was developed to allow time for participants to fully immerse themselves and complete each activity at a pace that is comfortable and does not interfere with other daily responsibilities. At the end of this training employers will have increased their capacity and knowledge to move forward in promoting and creating a culture of health that makes a positive impact in their place of business. The training will be held from **January 18th to February 26th , 2027.**

Week 1: (Week of January 18 – January 22)

1. Complete all registration paperwork
2. Participate in the Introduction Zoom Coaching Call with other training participants, Date: **Tuesday, January 19th**, 11:30 am. - 12:30 p.m. – Zoom invites will be provided via email
3. Complete pre-work: Modules: Getting Started, General Resources, and Introduction Modules and pre-test
4. Receive technical assistance and coaching as needed

Week 2: (Week of January 25 – January 29)

1. Participate in the Modules 1 & 2 Zoom Coaching Call with other training participants, **Date: Tuesday, January 26th**, 11:30 a.m. – 12:30 p.m.
2. Complete Module 1: Making the Business Case and related activities and discussions
3. Complete Module 2: Assessing Your Worksite and related activities and discussions
4. Receive technical assistance and coaching as needed

Week 3: (Week of February 1 – February 5)

1. Participate in the Modules 3 & 4 Zoom Coaching Call with other training participants, **Date: Tuesday, February 2nd**, 11:30 a.m. – 12:30 p.m.
2. Complete Module 3: Building Leadership Support and related activities and discussions
3. Complete Module 4: Develop Policy, Benefit and Environmental Supports and related activities and discussions
4. Receive technical assistance and coaching as needed

Week 4: (February 8 – February 12)

1. Participate in the Modules 5 & 6 Zoom Coaching Call with the other training participants, **Date: Tuesday, February 9th**, 11:30 a.m. – 12:30 p.m.
2. Complete Module 5: Designing Effective Communications and all related activities
3. Complete Module 6: Evaluating Your Program and all related activities
4. Receive technical assistance and coaching as needed

Week 5: (February 15 – February 19)

1. Catch-up Week – you will have this week to catch up on any modules that have not been completed up to the point – No formal Coaching Call – but please reach out if you want to connect with your trainer
2. Receive technical assistance as needed

Week 6: (February 22 – February 26)

1. Participate in the Live Online Zoom training with the other training participants, **Date: Tuesday, February 23rd**, 8:30 a.m. – 3:30 p.m.
2. During the Online Live Training: Complete Module 7: Planning and Designing Your Program and all related activities (no need to complete before the live online training, we will complete together)
3. During the Online Live Training: Complete Module 8: Implementing and Sustaining Your Program and all related activities (no need to complete before the live online training, we will complete together)
4. Complete the Wrap Up Module which includes the Reaction Survey and Post-Test – Both have to be completed to receive your certificate. Note: You must make an 80% or greater to receive your certificate – there is a one-time take of the Post-Test
5. Receive technical assistance and coaching as needed

6. **To register contact Joyce Hoth, MEd Public Health Program Supervisor | Missouri Department of Health and Senior Services Diabetes, Heart Disease, & Community Health Worker @ joyce.hoth@health.mo.gov**