Manager Wellness Training

Provided by the St. Louis Area Business Health Coalition

Managers play an important role in how employees engage in well-being. That's why transforming them into advocates for a wellness program can be key to seeing benefits such as lower absenteeism and health care costs. To help prepare managers, the BHC has developed a training program that provides a "crash course" in workplace well-being and useful tips for success.

In this training, managers will:

Understand the business case for workplace wellness, including its impact on health care costs, productivity, and employee morale.

Learn the basic structure of a workplace wellness program, including current best practices.

Leave with the tools and resources necessary to engage their employees in a wellness program.

Join this FREE training sponsored by the MO Department of Health and Senior Services

October 28, 2020
2:00 PM to 3:00 PM CT
Zoom Webinar

Click here to register

For more information, contact Annie Fitzgerald at afitzgerald@stlbhc.org.